

# **EMBODYING SHEER BRILLIANCE**

## **The Wisdom Yoga of Mañjuśrī**

*NAMO GURU MANJUGOSHAYA!*  
(Homage to Sheer Eloquence!)

### **I. INVOCATION**

In the presence of my inmost guide,  
Whose primal brilliance like the dawn  
Clears the fog and gloom from my mind  
And opens up my wisdom eye  
To see both truths as one,  
I ask for all the grace I need  
To become sheer brilliance!  
This practice is second to none,  
The illuminating lamp  
For the luckiest disciples,  
It dispels all four demons  
Reveals the four bodies  
And grants both attainments  
In a flash of enlightenment!

### **II. PRELIMINARIES**

In the presence of your bliss-void truth  
I feel your sheer brilliance  
Dawn in my heart until this form  
Reflects your wisdom and love  
As rainbow light everywhere,  
Revealing all beings and our world  
As mirror images of you and yours!

#### Theravāda Refuge

In this open-minded state, free and clear,  
All mother earthlings and I  
Take refuge in your shining example,  
The primordial light of the triple gem,  
Until we all reach enlightenment!

*NAMO GURUBHYAH! NAMO BUDDHAYA!*  
*NAMO DHARMAYA! NAMO SANGHAYA! (3X)*  
(Homage to the Mentor! Homage to Buddha!  
Homage to his Teaching and Community!)

Mahāyāna Refuge

To heal and free all sensitive beings  
I embrace the spirit of enlightenment,  
The will and way to help all life  
Shine with the light of sheer brilliance! (3X)

Vajrayāna Refuge

For the love of all mother earthlings  
I will embody intuitive wisdom  
In this life, as quickly as possible,  
And lead all to unchanging, great bliss;  
Therefore I practice this  
Communion with Mañjuśrī. (3X)

Four Boundless Moods

May we all share happiness and its causes,  
May we all know freedom and its causes,  
May we all savor unwavering joy,  
May we all live in peace, undisturbed! (3X)

Blessing the Offerings

*OM SVABHAVA SHUDDA*

*SARVA DHARMA SVABHAVA SUDDHO AHAM!*

*(Om I am naturally pure, the natural purity of all things!)*

*OM VAJRA AMRITA KUNDALI*

*HANA HANA HUM PHAT!*

*(Om Diamond nectar swirl, stir! stir! Hum phat!)*

*OM SHUNYATA JNANA*

*VAJRA SVABHAVA ATMAKO AHAM!*

*(Om I am the self whose nature*

*Is the diamond intuition of voidness!)*

In the presence of your bliss-void truth  
All experience has the singular taste  
Of bliss-void, pervading all senses,  
A blizzard of offerings, outer, inner and secret,  
Converging from everywhere, horizon and sky!

*OM AH HUM! OM AH HUM! OM AH HUM!*

### III. ACTUAL PRACTICE

#### Homage

In the deep space of your blissful openness  
Your living, breathing presence dawns  
As a milky translucency like the moon in water,  
The primal luminence of your lucid mind  
Out of which bubbles the golden syllable  
*DI (DEE)*, rising like a sun-flare sword,  
Embodying the radiance of pure intuition,  
Sending a rainbow aura through all worlds,  
Purifying all toxic beings and delighting  
All the enlightened, inviting their blessings  
To return like a rainbow wave, gathering  
The five intuitions and energies of enlightenment,  
To merge and melt back into *DI*.  
Coalescing the wisdom of all six Buddha Clans,  
Your golden seed syllable *DI*,  
Now shimmering with sheer brilliance,  
Emits a glow like the sun  
Emanating your sunset form—  
Mañjuśrī, Lord of Speech, eternal  
Soulmate of Goddess Prajñā!  
Amid the ivory towers and halls  
Of the heaven of pure scientists,  
Like the shrines and colleges of Śrī Nālandā,  
In full lotus on a tiel mountain-lion,  
Orange-gold your lotus face unfolds  
A Victor's smile and wisdom-eyes  
Moist with unconditional love and bliss.  
Over a topknot of black, shoulder-length hair,  
Your right hand wields the flaming  
Two-edged sword of non-dual wisdom,  
While at your heart your teaching hand  
Upholds the stem of a blue lotus, blossoming  
The *Heart Sutra* at your left shoulder.  
Unfettered in heavenly silks, you are adorned  
With the marks and signs of full evolution  
And the living jewels of six transcendences.  
(If you prefer the mother-father form:  
Your partner, Prajñāparamitā,  
Goddess of transcendent wisdom and art,  
In full lotus, sits astride your lap,  
Facing you in intimate embrace  
Her two arms draw you in,  
Her left and right hands behind you  
Hold a skullcup of nectar and self-chopper.

Ablaze with sunset orange-gold,  
Her lotus face unfolds a heroine's smile  
And wisdom eyes, moist with passion.  
Her black shoulder-length hair in a topknot,  
Unfettered in heavenly silks, she is adorned  
With the marks and signs of full evolution  
And the living jewels of six transcendences.)  
Your form(s) a scintillating, triune lamp,  
Lit at the crown, throat and heart  
By diamond, ruby and sapphire fires,  
The body-speech-mind gems of all Buddhas,  
Resonates with the primal sounds *OM AH HM*,  
Emits a rainbow aura like sunset clouds,  
And beams five-colored light  
To perfect all beings and worlds all around  
And invite the spirits of all  
Buddhas, bodhisattvas, archetypes and protectors  
To melt into you and merge as one!  
Though, in reality, you neither come nor go,  
Your acts of love and wisdom dawn  
To suit the endless minds to be tamed.  
Please come to stay, eternal youth!

*OM GURU MANJUŚRĪ JNANASATTVA  
MAHAKARUNIKA VAJRASAMAJA  
E HYA HIH JAH HUM BAM HOH!  
(Mentor Mañjuśrī, intuitive hero of great compassion,  
With your diamond host, please come to stay!)*

Praise

The primordial father of all victors,  
You take the form of impassioned youth  
To embody the dawn of pure clarity, unobscured,  
Illuminating the one way to Buddhahood.

Lord of speech, your eloquence proclaims  
The lion's roar of voidness in whatever tone  
Dispels the fear of each sensitive being,  
As a loving father's voice soothes his only child.

Your omniscient mind knows both sides of all things,  
Their spacious freedom from non-relative self  
And their dream-like progress from pain to bliss, dispelling  
All demons: addiction, life, death and childhood!

Outer Offerings

To you, my inmost friend and guide  
I offer bliss-waves of distinctive gifts,  
Goddesses dancing with six divine senses,  
Sights unfolding like white lotus ponds  
Under moonrise, sunset, starlight, dawn,  
Sounds like the tabla, gitar and drum  
Weaving a raga that entrances the world,  
Scents as pungent as sandalwood incense  
Perfuming the air to the horizon;  
Divine ambrosias and delicacies  
All tasting of pure bliss and freedom,  
Textures as sensuous as flowers and silks,  
Arousing a passionate spontaneity.  
Ideas and images indicating the truth,  
Evoking the sublime sensibility of peace.

*OM GURU MANJUŚRĪYE SAPARIVARA RŪPA  
ŚABDHA GANDHE RASA ŚPARSA DHARMA  
PRATICCHA HUM SVAHA!*

*(Om Mentor Mañjuśrī and host, please accept these  
Sights, sounds, scents, tastes, textures, ideas!)*

(If you wish to make the standard outer offerings:

*OM GURU MANJUŚRĪYE SAPARIVARA ARGHAM  
PADYAM GANDHE PUSPE DHUPE ALOKE NAIVIDYA ŚABDHA PRATICCHA HUM  
SVAHA!)*

*(Om Mentor Mañjuśrī and host, please accept this  
Drinking water, bathing water, lotion,  
Flowers, incense, light, food and sound!)*

Inner, Secret and Suchness Offerings

I offer my mind/body systems and elements  
Purified, transformed and multiplied  
In the vessel of clear light intuition.  
I offer my muse, soul-mate and ecstasy,  
Gracious goddesses of my sensibility,  
All forms of the objective wisdom of selflessness.  
I offer you the sublime bliss-void sphere of reality,  
Spacious, non-dual immersion in Thusness,  
Uncomplicated by formulas of thought or speech.

*OM MAHASUKHA BODHICITTA PANCA AMRITA  
ARGHAM PRATICCHA KHARAM KHA HI!  
OM AH HUM, OM AH HUM, OM AH HUM!*

*(Om Please accept the great bliss of this  
Fivefold nectar, the spirit of enlightenment!)*

Mandala Offering

Infinite planets with lands, seas and mountains,  
Each with seven precious wonders of the world;  
Perfect environments and realized inhabitants,  
I offer you, wish-granting treasure of wisdom and love!  
*OM IDAM GURU RATNA MANDALAKAM NIRYATAYAMI!*  
*(Om Mentor, this jewel universe I offer you!)*

Confession

All negative habits of body-speech-mind  
Acquired or evolved in this and past lives,  
I regret and confess in your presence,  
Resolving to stop and correct them all.

Congratulations

Though things lack true nature or reality,  
From the depths of my heart I rejoice  
In whatever forms of happiness dawn  
Like dreams for all beings, confused and enlightened.

Requesting Teaching

From your heaven of pure science and art  
Please shower profound and magnificent teachings  
To develop and nurture these lotus groves  
Of sensitive beings, spreading pure intuition.

Requesting Presence

Though your intuitive body lacks birth and death,  
Please stay involved without entering Nirvana  
Until all living beings are Mañjuśrīs and Prajñās  
And this tolerable world becomes Shambhala!

Dedication

All the wisdom and merit I have gathered  
I dedicate to being guided through all time  
By you, prince and mentor of eloquence,  
Until I myself realize sheer brilliance!

Prayer

O refuge of unequalled wisdom and love,  
Please reveal the profound Central Way  
To beings of a decadent age, unfit, hard to tame,  
Uncivilized by countless past Buddhas.

Since the sun of the Sage has set on earth,  
O prince of primordial enlightenment  
Please reenact the altruist's way of life  
For those wandering without refuge or guide.

O gem-like master of the great seal of voidness,  
Please lead beings from their ordinary ways  
With your art of ecstatic omniscience,  
The one vehicle that leads all to Buddhahood.

Your five life systems and elements,  
By nature are five Buddha fathers and mothers,  
Your faculties of sensation and action,  
Eight Bodhisattvas and ten Protectors.

Your subtle body of five blissful energies  
Inspires your mind of five intuitions  
To purify our toxic mentality and form  
Into the rainbow translucency of integration!

Omniscient lord of all time and space,  
Embracing the voidness of unchanging bliss,  
Genius of all civilizing arts and sciences,  
Soul of the sun, moon and stars, I pray you!

You are my mentor, you, my genius!  
You my muse and guardian!  
From now until enlightenment  
I seek no refuge beside you;  
Through this and all my future lives,  
Hold me in the spell of your eloquence to the end,  
Free me from fears of existence and peace,  
Grant all attainments, and be the constant guide  
Who protects me from harm! (3X)

Moved by your loving care for all beings,  
From your body, speech, and mind,  
White, red, and blue lights and nectars  
Flow in sequence, then at once, to melt  
In sequence and together into my three places,  
Purifying my four blocks, granting four consecrations,  
The attainment of four bodies, and a double of you  
Who gladly melts into me and grants all blessings!

Mantra Transmission (Non-Initiates)

A duplicate Mañjuśrī dissolves through my crown  
Down my central channel to my throat and heart,  
Mixing his body, speech and mind with mine  
As fully as water in water. By this co-mingling  
At my heart my prime intuitive mind dawns  
Like the rising sun's reflection in water, out of which  
Bubbles my discursive mind as a gold *DI* of clear light.

Self-Creation (Initiates)

*OM SHUNYATA JNANA  
VAJRA SVABHAVA ATMAKO AHAM!*

In the deep space of blissful openness  
My primordial wisdom dawns  
As a milky translucency like the moon in water,  
Out of which bubbles the golden syllable  
*DI*, rising like a sun-flare sword,  
Sending a rainbow aura through all worlds,  
Purifying all toxic beings and delighting  
All the enlightened, inviting their blessings  
To return like a rainbow wave, gathering  
The five intuitions and energies of enlightenment,  
To merge and melt back into myself as *DI*.  
Now shimmering with sheer brilliance,  
My intuitive mind as *DI* emits a glow like the sun  
Out of which my mind assumes the bodily form  
Of Mañjuśrī, Lord of Speech, eternal  
Soulmate of Goddess Prajñā.  
In full lotus on a tiel mountain-lion,  
Orange-gold my lotus face unfolds  
A Victor's smile and wisdom-eyes  
Moist with unconditional love and bliss.  
Over a topknot of black, shoulder-length hair,  
My right hand wields the flaming  
Two-edged sword of non-dual wisdom  
While at my heart my teaching hand  
Upholds the stem of a blue lotus, blossoming  
The *Heart Sutra* at my left shoulder.  
(If you prefer the mother-father form:  
My partner, Prajñāparamitā,  
Goddess of transcendent wisdom and art,  
In full lotus, sits astride my lap,  
Facing me in intimate embrace,  
Her two arms draw me in,  
Her left and right hands behind me



Hold a skullcup of nectar and self-chopper.  
Ablaze with sunset orange-gold,  
Her lotus face unfolds a heroine's smile  
And wisdom eyes, moist with passion,  
Her black shoulder-length hair in a topknot.)  
Unfettered in heavenly silks, I am (we are) adorned  
With the marks and signs of full evolution  
And the living jewels of six transcendences.  
My (our) form, a scintillating, triune lamp,  
Lit at the crown, throat and heart  
By diamond, ruby and sapphire fires,  
The body-speech-mind gems of all Buddhas,  
Emits the primal breath sounds *OM AH HM*,  
Emanates a rainbow aura like sunset clouds,  
And beams five-hued light  
To perfect all beings and worlds all around  
And invite the intuitive spirits of all  
Mañjuśrī-Prajñās from their own Buddha-realms  
With the hosts of all five Buddha clans  
To melt into me (us) and merge as one!

*OM GURU MANJUŚRĪ JNANASATTVA  
MAHAKARUNIKA VAJRASAMAJA  
E HYA HIH JAH HUM BAM HOH!*

From the *HUM* in the dot of the *DI* at my heart  
Rainbow lights travel everywhere, inviting goddesses  
To consecrate me with crystal vases of wisdom-nectar  
That fill me as Mañjuśrī to the crown, overflowing  
Into a midnight blue mini-Buddha Akṣobhya  
Adorning the diadem in front of my yogic topknot.

*OM SARVA TATHAGATA ABHISHEKATA  
SAMAYA SHRIYE HUM!  
(Om May I (we) shine with the consecrated vows  
Of all Transcendent Lords!)*

Self-Generation Offerings

*OM GURU MANJUŚRĪYE SAPARIVARA  
RŪPA ŚABDHA GANDHE RASA ŚPARSA DHARMA PRATICCHA HUM SVAHA!*

(If you wish to make the standard outer offerings:  
*OM GURU MANJUŚRĪYE SAPARIVARA ARGHAM  
PADYAM GANDHE PUSPE DHUPE ALOKE NAIVIDYA ŚABDHA PRATICCHA HUM  
SVAHA!)*

*OM MAHASUKHA BODHICITTA PANCA AMRITA  
ARGHAM PRATICCHA KHARAM KHA HI!  
OM AH HUM, OM AH HUM, OM AH HUM!*

Self-Creation Praise

As primal wisdom's dawn and youth,  
Your light unmask all shades of self,  
Your word dispels all prejudice,  
To the peaceful hero, Mañjuśrī, I bow!

Mantra Recitation

On the sun at my heart, the *DI* glows to the rim  
Emanating six orange-gold syllables  
*OM AH RA PA CA NA*, arrayed clockwise  
And equidistant around the sun, facing out.  
The mantra-rosary is made of clear light  
And shines through my whole body and mind.

(As you recite the mantra 7, 21, 108 or more times, imagine it spinning counterclockwise so fast it appears to be standing still, while the sun disc beneath it spins like a six spoked wheel clockwise in the same invisible manner. See the mantra heating up until it beams rainbow lights through your pores and all around the multiverse, gathering the intellectual, reflective and intuitive wisdom of all learned and enlightened beings and carrying them back to dissolve into the mantra rosary at your heart. At the end of the recitation, hold a full abdominal breath and recite the seed syllable *DI* 108 times, touching the tip of your tongue to the back of your front teeth.

If you wish, you can substitute any one of the following six special visualized recitations connected with Mañjuśrī practice in the Gelukpa tradition:

1. Gathering Wisdom

As lights beam from the mantra to gather wisdom, they return with orange-gold *DI*'s, swords and texts, which converge like a golden blizzard and melt into your body, building your faculties for intellectual, reflective and intuitive learning as well as teaching, composition and dialogue. They also increase the alacrity, depth, scope and clarity of your learning.

2. Accumulating the Five Wisdoms

As lights beam from the mantra to gather wisdom, they collect:

- a) the mirror-like intuition in the form of millions of minature Mañjuśrīs that dissolve into you, purifying your delusion and transforming your physical body into an embodiment of sheer brilliance;  
(Optional seal: *OM ADARSHAJNANA VAJRASVABHAVA ATMAKO AHAM!*)
- b) the equalizing intuition in the form of millions of *Transcendent Wisdom* texts, purifying your greed and transforming your sensory system into an embodiment of the empathic art of teaching;

(Optional seal: *OM SAMATAJNANA VAJRASVABHAVA ATMAKO AHAM!*)

- c) the individuating intuition in the form of millions of orange-gold *OM AH RA PA CA NA DI* syllables made of clear light, purifying your desire and transforming your cognitive system into an embodiment of perfect clarity and sensitivity;  
(*OM PRATIVEKSANA JNANA VAJRASVABHAVA ATMAKO AHAM!*)
- d) the all-accomplishing intuition in the form of millions of miniature swords, purifying your envy and transforming your motivational system into an embodiment of pure effectiveness in composition and debate;  
(*OM KRITYANUSTHANAJNANA VAJRASVABHAVA ATMAKO AHAM!*)
- e) the ultimacy intuition in the form of millions of miniature bows and arrows, purifying your pride and anger and transforming your perceptual system into an embodiment of the profound, intuitive wisdom of reality.  
(*OM SHUNYATAJNANA VAJRASVABHAVA ATMAKO AHAM!*)

### 3. Cutting Misknowledge

In between the sun disc and the mantra rosary, visualize a wheel weapon of six swords with flat blades pointing out. At the hub where their vajra hilts are fused stands the *DI*; at the tip of each blade stands one of the rosary syllables *OM AH RA PA CA NA*, facing out and readable clockwise. The space between the blades is filled with a golden meshwork of *DI*'s. As you recite, the wheel starts spinning clockwise and the mantra counterclockwise, until they appear motionless. In the dot over the I of *DI* a miniature of the ordinary you (and/or other beings) sit, shedding the whole network of your acquired and instinctive misknowledge like a monkey's coat of dark hair riddled and matted with tangles and knots. The network dangles down the *DI* and into the blade wheel, where it is instantly shredded and zapped, until there is no trace of it anywhere within or around you.

### 4. Cleansing Toxins

From the sun at Mañjuśrī's/your heart emerge yellow-gold sky goddesses, carrying crystal vases of purifying water, representing the flow of all enlightened being's self-corrective intuitive wisdom. The goddesses pour the purifying water into the *DI*, filling it up to the dot over I, where a miniature of the ordinary you (and/or others) sits. The wisdom-water completely purifies your body and mind of any defilments or obscurations, mental and emotional.

### 5. Purifying Beings

As lights beam from the mantra, they radiate all around our world and pervade the multi-verse, making offerings to all enlightened beings while purifying and transforming all alienated beings into Mañjuśrīs and Prajñās.

6. Meditating on DI

At the end of the recitation, when you mentally recite the seed syllable *DI* 108 times while holding a vase breath, visualize a large, flat orange-gold *DI* stretching backward over your tongue, dripping a steady stream of gold nectar drops down from the root of your tongue into the *DI* at your heart, intensifying it like melted wax dripped into a candle or melted butter into a fire. Alternately, you can visualize Mañjuśrī's golden sword stretched over your tongue, its flaming tip pointing back into your throat and dripping tiny, flaming *DI*'s that melt into the *DI* at your heart. Both of these increase mindfulness, memory and retention.)

(For advanced practice or retreats, recite as follows:  
The nine syllable name mantra, for approximation:

*OM MANJUŚRĪ JNANASATTVA HUM!*  
(*Om Intuition Hero Mañjuśrī Hum!*)

The six-fold vajra word mantra, for close approximation,  
purifying the five intuitive energies into the rainbow AH:

*OM VAJRA MANJUŚRĪ AH*  
*OM VAGIŚVARĪ MUHM*  
*DHARMADHATU SAMGHA*  
*JNANAGARBHA A HRĪ*  
*A I E O AM AH*  
*RA RI LA LI YE HUM!*  
(*Om Diamond Sheer Brilliance Ah!*  
*Om Speech Goddess, en-trance!*  
*Om The truth-sphere of communion!*  
*Om Womb of intuition! A Hrī!*)

The essence mantra, for ordinary attainments of six clans:

*OM VAJRA TIKSANA DUKHACCHEDA*  
*PRAJNAJNANA MURDHANAYE JNANAKAYA*  
*VAGIŚVARA ARAPACANAYA TE NAMO!*  
(*Om! To the diamond sharp misery cutter,*  
*Chief of intuitive wisdom; to the intuition body,*  
*The lord of speech who cultivates quickly, I bow!*)

For the supreme attainment, the quintessence mantra:

*OM AH RA PA CA NA DHI,* using 1-6, as above.)  
(*Om! Quickly cultivate genius!*)

Blessing and Offering the Ritual Cake (Initiates)

*OM SVABHAVA SHUDDA  
SARVA DHARMA SVABHAVA SUDDHO AHAM!*

*OM VAJRA AMRITA KUNDALI HANA HANA HUM PHAT!*

*OM SHUNYATA JNANA  
VAJRA SVABHAVA ATMAKO AHAM!*

I offer the channels, centers, winds and drops  
Of my subtle mind and nervous system  
Purified and transformed into a trifle of bliss  
In the vessel of clear light intuition.  
Please come and savor its bliss-void nectar!

*OM GURU MANJUŚRĪYE SAPARIVARA  
IDAM BALIMTA KHAKHA KHAHI KHAHI HUM PHAT!  
(Om Mentor Mañjuśrī and host, please taste  
And savor, savor this offering cake! Hum Phat!)*

Concluding Praise

As primal wisdom's dawn and youth,  
Your light unmasks all shades of self,  
Your word dispels all prejudice,  
To the peaceful hero, Mañjuśrī, I bow!

Correcting Omissions and Errors

With any errors or omissions I have made  
Out of ignorance, misperception,  
Lack of resources or art,  
Protector, please be patient and all-forgiving!

*OM VAJRASATTVA AH HUM!  
(Or, if you wish to say the 100 syllable mantra at length,  
OM VAJRASATTVA SAMAYAM ANUPALAYA  
VAJRASATTVA TVENA OPADISTHA,  
DHRDO ME BHAVA, SUTOSYO ME BHAVA,  
SUPOSYO ME BHAVA, ANURAKTO ME BHAVA,  
SARVA SIDDHIM ME PRAYACCHA, SARVA KARMA SUCHA  
ME CITTAM SHREYA KURU, HUM HA HA HA HA HOH!  
BHAGAVAN SARVA TATHAGATA VAJRA MA ME MUNCHO  
VAJRI BHAVA, MAHASAMAYASATTVA AH HUM PHAT!)*

#### **IV. REQUEST FOR BLESSINGS ALONG THE PATH**

##### Renunciation

Realizing this precious life may come just once--  
So hard to evolve, yet so quickly gone!  
Grant your inspiration to grasp its essence  
Undistracted by the senseless chores of the day.

##### Personal Freedom

Swept up in the tides of delusion and stress,  
Tangled in the seaweed of self-protectiveness,  
Inspire me to make a life-raft of wisdom  
And cross to the blissful shore of freedom.

##### Compassion

Recognizing all living beings as mothers  
Who have borne and nursed me again and again,  
Help me conceive the spirit of compassion  
Like a mother's love for her precious child.

##### Self-Transformation

Since self-protectiveness is the door to all ills,  
And self-transcendence, the ground of all good,  
Help me act on the central precept,  
And practice exchanging "self" for "other."

##### Altruistic Resolve

Help me build the enlightened will  
To free all from the ocean of life  
With love, compassion, high resolve,  
And the magic of mounting give and take on the breath.

##### Meditation

Help me achieve concentrative quiescence,  
Abandoning distraction and dullness,  
For single-pointed equipoise  
On the nature of voidness, all things' reality.

##### Spacious Intuition

Help me realize transcendent wisdom  
By practice of spacelike equanimity,  
Joining the ecstasy of great bliss  
With insight discriminating Thatness.

Illusory Intuition

Help me realize the illusory aftermath,  
Observing how the appearance of things  
Outer and inner is unreal as a dream, an illusion,  
Or the moon's reflection in water.

Philosophical View

Help me realize Nagarjuna's true intent, in which  
Lack of an atom of intrinsically real world or beyond  
And the inexorable relativity of cause and effect  
Both dawn as complementary, without contradiction.

Unexcelled Yoga Tantra

Since the ocean of Tantra is crossed  
Through the kindness of the pilot, the vajra master,  
Bless me to hold more dear than life  
The vows and commitments, roots of attainment.

Creation Stage

Help me see all appearances dawn as divine,  
Purified of taints of perceptual habit  
By the first stage yoga of converting  
Death, between, and life into three Victor Bodies.

Perfection Stage

Bless me to turn this mind and body into the path,  
The integration of clear light and illusory body  
Which comes of your sublime dance  
On the eight-petal heart lotus in my central channel.

**V. DEDICATION**

Any wisdom or merit that comes of this,  
I dedicate to upholding the legacy of Shakyamuni,  
And achieving the noble ambitions of all  
The enlightened and their heirs.

By virtue of this may I in all lives  
Be educated in the noble Nālandā tradition,  
And complete the paths of renunciation,  
Compassion, profound view and both stages.

Whenever I study, reflect or practice  
Any teaching, profound or magnificent,

Any science or art, Buddhist or not,  
May I be inspired by a direct vision of you!

May all beings have abundance and peace,  
The good fortune and intelligence to hear  
The profound non-duality of wisdom and love,  
Voidness and bliss, directly from you!

I dedicate this so that all mother earthlings  
For as long as this rose-apple island endures  
May be born in the pure democracy of Shambhala  
And cared for by your incarnations and heirs!

**Colophon:** This performance script (*sadhana*) of orange Mañjuśrī was composed by the American psychotherapist-translator Joe Loizzo, to make accessible to serious Western practitioners the Gelukpa tradition codified in two key practice texts by Panchen Lozang Chokyi Gyaltsan and Sans-gye Ye-she, *bLa-ma mChod-pa'i Cho-ga* and *dGa-ldan Lha rgyas-ma*, on which it draws extensively. It is informed by oral teachings given by His Holiness the 14<sup>th</sup> Dalai Lama (Tibet House U.S., 1998), the Venerable Gelek Rinpoche (Mundgod, India, 1979 and Jewel Heart Ann Arbor, 1994), Ari Genyan Tenzin Chodak (Mundgod, India and Woodstock, NY, 1979), and Za Choje Rinpoche (Amherst, MA, 2006). It is dedicated to the memory of the 97<sup>th</sup> holder of the Ganden Throne, the Venerable Yongzin Ling Rinpoche.